



## Junior Safety-at-Sea Club Self-Assessment

This self-assessment is targeted at clubs considering starting up a Junior Safety-at-Sea (SAS) Seminar in partnership with US SAILING and the Storm Trysail Foundation (STF). This self-assessment is **not** a screening device. It is intended to help you **identify key resources** you will need before you get started, and what kind of assistance you may need from USS and STF. Please use it in conjunction with STF's "Junior Safety-at-Sea training Program" document. Many of the issues raised below are discussed more fully in that document. STF will offer an experienced "Moderator" to advise your designated chairperson for your Junior SAS Seminar.

\_\_\_\_\_  
 Your Yacht Club/Junior Organization: \_\_\_\_\_

Do you already have a tentative date in mind? Yes ___ No ___ If Yes, what date? _____	Can you get the event on your local junior schedule? _____
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**Marketing:** The biggest challenge when planning a Junior Safety-at-Sea Seminar is getting organizations to commit their junior sailors to be available on a given date. Seminars typically draw from the host club and often nearby clubs. Attendance can be boosted by tying the Seminar to another event. For example, Long Island Sound has a junior overnight race for which kids are required to take SAS. Some clubs expand their programs by inviting young adults (age 18-21) to join the junior sailors.

Do you have a YRA or other organizer of junior events that would reliably deliver kids? Who? _____	YES NO
Do you have an event that might be tied to the Seminar to help boost its attendance? What event? _____	YES NO
How many juniors from your club would you expect to attend the SAS program?	Number _____
How many junior participants from outside your club would you expect?	Number _____
Do you want to include young adults in your program? If YES, how many? _____	YES NO Number _____
_____	_____
Estimated Total Attendance (sum of above )	Number _____

**Resources:** The biggest challenge is lining up the juniors. Resources are important, but past experience confirms that clubs, sailors, and the local community are very supportive. STF and US SAILING will help you plan the event, develop the curriculum, and supplement local volunteers with guest speakers or coaches. Most sailing regions have plenty of “talent” happy to help if given some lead time.

Is your goal to run this as:	<input type="checkbox"/> a one-time event <input type="checkbox"/> an annual event
Do you have adequate facilities for classroom demos and videos? It is optimal (but not required) to have one room for every 25-35 participants to permit sessions to be run in parallel.	YES NO
Do you have dock space and a 25- 45 ft boat to enable a dockside demonstration of reefing and safety gear, including use of a jackline-harness-tether?	YES NO
Do you have a sufficient number of boats in the 25-45 ft range that owners would loan? You should plan on one boat per 6-10 kids.	YES NO
Do you have potential sponsors that could: Help fund the program directly with cash Donate prizes or boat owner thank-you gifts Demonstrate the inflation and use of a life raft? Provide scholarships to participants?	YES NO YES NO YES NO YES NO
Are there 3-4 people who could help you organize the program?	YES NO
Do you have parents or volunteers to help with registration, food preparation/clean-up, set-up of classrooms?	YES NO
Do you have one volunteer on-the-water coach for each boat who has moderate offshore experience?	YES NO
Have any of your volunteers or coaches attended a US SAILING-certified adult Safety-at-Sea program in the past 5 yrs?	YES NO
Do any of the volunteers have specific skills such as quick-stop Man Overboard recovery, navigation, marine communications, other?	YES NO
Do you have good relationships with the local Fire Dept, Marine Police, or Coast Guard who can help with permits and instructors for demonstrations such as fire suppression, CPR/defibrillation, and flare use?	YES NO
How far do you have to sail to reach open water for practicing Man Overboard recovery?	_____ minutes