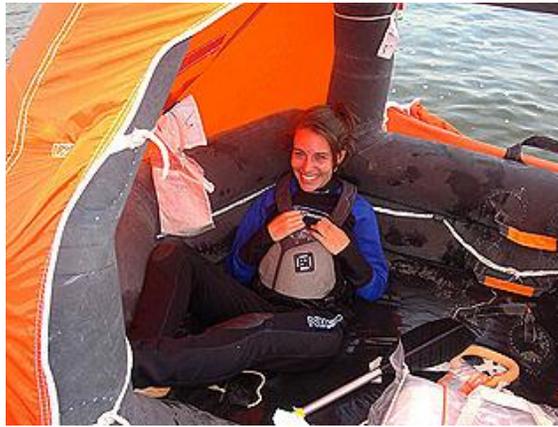


Become a Part of Jr. SAS!

The Jr. SAS program is constantly expanding. If your junior sailing organization is interested in starting a program in your area, we can help you. Specific types of assistance include:

- Inviting you to attend an existing session
- Helping you to conduct strategic planning and identify resources critical for your program's success
- Assisting with your curriculum planning and implementation
- Training your instructors and coaches in necessary skills and teaching methods
- Providing moderators, speakers, advisors and on-the-water coaches for your session
- Providing slide shows, videos, and other teaching aids



About the Storm Trysail Foundation

The Storm Trysail Foundation is a 501(C)3 charitable organization dedicated to educating young sailors as they bridge the gap between learning to sail and becoming accomplished blue water sailors. STF supports a national program of events including Junior Safety-at-Sea seminars and intercollegiate big boat racing.

To find a program near you or learn more about starting a program in your area, Contact:

Storm Trysail Foundation

Office: 914-834-8557

Website: www.stormtrysailfoundation.org/

Email: stormtry@aol.com



Junior Safety-at-Sea Program



- Fun on-the-water training and interactive demonstrations that teach critical safety skills
- Introduces youth to the excitement, teamwork and responsibility that accompany big boat sailing
- Helps provide a path for youth to transition from dinghies to larger boats and offshore sailing
- Helps to instill a lifelong concern for safety issues and understanding of the need for ongoing skills training

In cooperation with:



About the Program:

Since 1996, the Storm Trysail Junior Safety-at-Sea Program has trained more than 3,000 teens in essential safety skills. In partnership with US SAILING, and inspired by safety programs for ocean racers, Jr. SAS is carefully designed for a teen audience. The program stresses fun, hands-on practice, communication, teamwork and the anticipation of trouble before it happens.

Day-long sessions include intensive on-the-water practice of skills such as crew overboard recovery with onshore lectures and demonstrations. For young sailors with little or no big boat experience, Jr. SAS provides an exciting and confidence-building introduction to the thrill of big boat sailing.

The Jr. SAS curriculum, developed over many years by Storm Trysail members, includes core elements that every sailor should know, as well as optional modules that allow the program to be adapted to meet the specific needs of local organizations. Instructors include or are specially trained by Storm Trysail members.

The program is constantly evolving so that many young sailors enjoy the program year after year.

Topics Commonly Include:

- Crew overboard prevention and recovery
- Radio communications
- Fire suppression
- Flare use
- Medical emergencies and illness avoidance
- Life raft deployment, righting, and boarding
- Weather attentiveness and storm preparation
- Big boat crew roles & basic maneuvers
- Shortening sail & storm sails
- Big boat safety equipment
- Navigation

Enroll your student or come and observe a session today!

Programs currently held in:

Larchmont, New York
Annapolis, Maryland
Newport, Rhode Island
Perth Amboy, New Jersey

